North Shore day school

MENU 2021

WHAT'S COOKIN'

FRESH CUT FRUIT
Apples, Bananas, Oranges & More

SALAD
Tossed Green Salad with Lettuce, Tomatoes, Cucumbers and Carrot Sticks.

DAILY SANDWICHES
Sunbutter & Jelly
American Cheese
Roast Turkey Roll Ups

all sandwiches on whole wheat bread/ wraps

VEGETARIAN OPTIONS
Veggie Nuggets, Veggie Meatballs
Veggie Burgers

Plain Whole Grain PASTA

SNACKS
Teddy Grahams, Animal Crackers, Pretzels, Goldfish & more

YOGURT
in assorted flavors

MARCH

Monday	Tuesday	Wednesday	Thursday	Friday
1 PIZZA! w/ Buttered Peas	2 BAKED CHICKEN TENDERS w/ Cucumber Coins	3 BFL: Waffle Stix, Turkey Sausage, & Baked Tater Tots	4 CHEESE QUESADILLAS w/Seasoned Corn	5 NSDS BURGERS w/ fries
8 PIZZA w/ Steamed Broccoli	9 BAKED CHICKEN NUGGETS w / Cucumber Coins	10 GRILLED CHEESE on Whole Wheat w/ steamed green beans	11 MEATBALLS w/ Pasta & Roasted Carrots	12 Baked MAC + CHEESE BITES w/ broccoli
15 PIZZA w/ Steamed Broccoli	16 Baked POPCORN CHICKEN w / Cucumber Coins	17 ST PATRICKS DAY BFL Green Pancakes, Turkey Sausage & Baked Tater Tots	18 Grilled Chicken w/ Broccoli, Garlic & Oil	19 chicken pattie Sandwich w/ baked fries
22 PIZZA w/ Buttered Peas	23 Baked Chicken Tenders w/ Cucumber Coins	24 MEATBALLS WITH PASTA w/ Bunny Carrots	25 CHEESE QUESADILLAS w/ Seasoned Corn	26 SCHOOL CLOSED

SCHOOL CLOSED
March 26th - April 2nd

• Menu subject to change based on availability